

Roti Bank Samachar June 2023 Issue No. 56





11,935,633 HOT AND NUTRITIOUS MEALS & COUNTING

SDG 2: ZERO HUNGER BY 2030

World Food Safety Day

World Food Safety day is celebrated on June 7 annually across the globe to highlight the importance of maintaining food standards. At Mumbai Roti Bank, we believe that safe and nutritious food is a fundamental right for everyone. On the special occasion of World Food Safety Day, we proudly reaffirmed our commitment to providing safe and hygienic meals to those in need.

We adhere to the highest standards of food safety and follow rigorous protocols in our operations. Our dedicated team works tirelessly to ensure that the food we distribute is fresh, properly stored, and prepared in clean and sanitary environments.

We would like to express our gratitude to our incredible team, generous donors, volunteers, and supportive community for their invaluable contributions in making this possible. Together, we are making a significant impact in ensuring that no one goes to bed hungry or suffers from foodborne illnesses.





A sweet treat as school begins

At Mumbai Roti Bank, our unwavering commitment to combating hunger and promoting the health and education of underprivileged school children continues to drive us forward. As the new academic year began and children returned from their summer vacations, we resumed our snack distribution program in schools. On the first day after the break, we distributed *Sheera* to nourish the bodies and minds of 7000 young scholars.

Our primary focus remains on addressing nutrition and health disparities, as we firmly believe that well-fed children are less likely to be drawn towards crime. With each meal, we strive to ensure that no child sleeps hungry, working towards building a new, healthy, and nutritious India.

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Serving 6500 school children across 15 schools everyday

> We provide nourishment and joy to 6500 children across 15 different schools in Mumbai every day. Our aim beyond immediate goes hunger relief. We envision a healthier and more nutritious India, where every child has access to wholesome meals. By addressing the nutritional needs of underprivileged children, we contribute to breaking the cycle of poverty and crime, fostering a brighter future for them.

Mr. D. Sivanandhan (IPS),

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Celebrating the return of our students with scrumptious treats





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PCGT Interns Visit Our Kitchen: A Journey of Learning and Giving

Public Concern for Governance Trust (PCGT) is a registered Trust founded in Mumbai in April 2002 by three eminent citizens Late Mr. B. G. Deshmukh. Mr. J. F. Ribeiro and Dr. R. K. Anand to strive towards good governance, containing corruption, inculcating values and enhancing sadbhavana. PCGT runs a month-long internship program for college students each month, mostly from colleges of Law and Social Sciences, in which students actively participate in the programs including, RTI/RTS, YFG, and Kuchh Aur along with the PCGT staff June 14th was a remarkable day for our kitchen facility as we welcomed a group of enthusiastic interns from the PCGT..

8 interns, accompanied by 2 PCGT team members, arrived at our kitchen facility to gain firsthand knowledge about our operations and understand how we prepare meals hygienically. Little did we know that their visit would go beyond observation and turn into a heartwarming experience of giving. As the interns stepped into our kitchen, they were greeted by the hustle and bustle of our dedicated staff preparing meals for various distribution centers. The interns were keen observers, asking insightful questions about our processes and procedures. They were particularly interested in learning about our stringent hygiene practices, which ensure that the food we prepare is safe and nutritious for those in need. Our experienced kitchen staff patiently explained each step of the meal preparation, from ingredient selection to cooking techniques.



Teamwork in Action: PCGT Interns Extend a Helping Hand in Food Distribution



The interns were amazed to see the organization and coordination required to handle large-scale meal production. They were quick to notice the importance of teamwork and efficiency in ensuring that meals reach those who need them most. After witnessing the behind-the-scenes operations of our kitchen, the interns were eager to join our team in action. They accompanied us to one of our distribution centers located outside Tata and KEM Hospital. As they entered the distribution center, their eyes were filled with empathy and anticipation, knowing they would soon be contributing to the noble cause of feeding the hungry. The PCGT interns truly embraced 'The Joy of Giving' as they selflessly dedicated their time and energy to assisting our team. They understood that their visit was not just an opportunity for learning but also a chance to make a difference in the lives of others.

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Testimonials

To be very honest. I didn't know what to expect from the visit to Roti bank, but I sure wasn't expecting to have so much fun while learning. The method in which they used to prepared food was also something new as I wasn't aware that there were such machines or equipment to prepare food on a larger scale. I was shocked by the amount of food they prepared in a day while maintaining hygiene and taste. I also enjoyed distributing food at the hospital where the people from Roti Bank made sure that everyone who came were provided with the amount of food they required. After listening to why the roti bank initiative started and how it has been helping people by providing them adequate nutrition. I learned that all that is needed is an idea and an action plan based on it to make small change or take a small initiative which could have the capability to change lives of many people. Overall it was a very enriching experience for me.

-Forum Kothari (Intern at PCGT for June-2023) We are grateful to the PCGT team for organizing this visit and selecting our kitchen facility as a learning opportunity for their interns. The visit not only allowed the interns to understand the complexities of food preparation and distribution but also showcased the power of collaboration and empathy in creating a better society. The PCGT interns' visit to our kitchen facility serves as a reminder that education and compassion go hand in hand, and that even the smallest gestures of kindness can make a significant impact in the lives of those less fortunate.

We recently visited the Roti Bank NGO in Chembur to understand more about their food distribution program and we were lucky enough te experience very closely about their functioning. The place was kept very clean and very good hygiene level was maintained there. The quality of the food was commendable. The efforts in reducing food waste and feeding the hungry are commendable. Also I was really touched by their belief that if a child will not sleep hungry than chances are high that the child will not go into crime to fulfil his hunger. Overall. it was a great learning experience for me and my co interns as well.

> -Bhanu Vishnoi (Intern at PCGT for June-2023)

Inspiring Minds and Filling Plates

Dr. Shefali Batra, a renowned psychiatrist, made a special visit to Karmaveer Baburao Patil School, lending a helping hand to the Mumbai Roti Bank for the distribution of snacks. Her presence brought immense joy and inspiration to both our team and the children. During her visit, Dr. Batra actively interacted with the children, engaging them in meaningful conversations. Her warmth and compassion created a positive and nurturing environment for the young minds.

As a staunch supporter of the Mumbai Roti Bank, Dr. Shefali Batra continues to lend her unwavering support to our noble cause. Through her advocacy, she raises awareness about our efforts and encourages others to contribute. Her commitment and dedication to our cause is inspiring others to join in the mission of eradicating child hunger.



Generous Donations of Grains Foster Hope

Amidst the challenges of hunger and food insecurity, acts of kindness and compassion continue to inspire hope. In the month of June, Residents of Garden Court CHS and Residents of Ashok Tower demonstrated their unwavering community spirit by donating substantial quantities of grains. These acts of generosity not only provide immediate relief to those in need but also strengthen the bonds within the community.

The generosity of Residents of Garden Court CHS exemplifies the spirit of giving. On 16th June, the residents selflessly donated generous quantity of dry ration contributing to the noble cause of combating hunger. Their actions showcase the power of unity and the positive impact that individuals can make when they come together for a common goal.

In a heartwarming display of compassion and solidarity, the residents of Ashok Tower came together on the auspicious occasion of Amavasya, June 18th, 2023, to donate generous quantities of essential food items. Rice, dal, atta (flour), oil, and other dry ration were collected to aid in the ongoing efforts towards achieving a hunger-free India. This noble initiative was organized by Mrs. Jayshree Kapil and Mrs. Sudarshan, who have been actively involved in coordinating such drives on a monthly basis.

The generosity displayed by these individuals serve as an inspiration for others to contribute to the fight against hunger.



We couldn't have done it without your generous support.

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Thank you to all our donors and supporters.



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