

# ROTI BANK SAMACHAR

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The monthly newsletter of Roti Foundation Mumbai



INDIA'S ONGOING  
BATTLE AGAINST  
HUNGER

WORLD FOOD  
DAY 2023

GENEROSITY  
IN ACTION

12,882,575+  
MEALS  
SERVED SO  
FAR



# LETTER FROM OUR MANAGING TRUSTEE

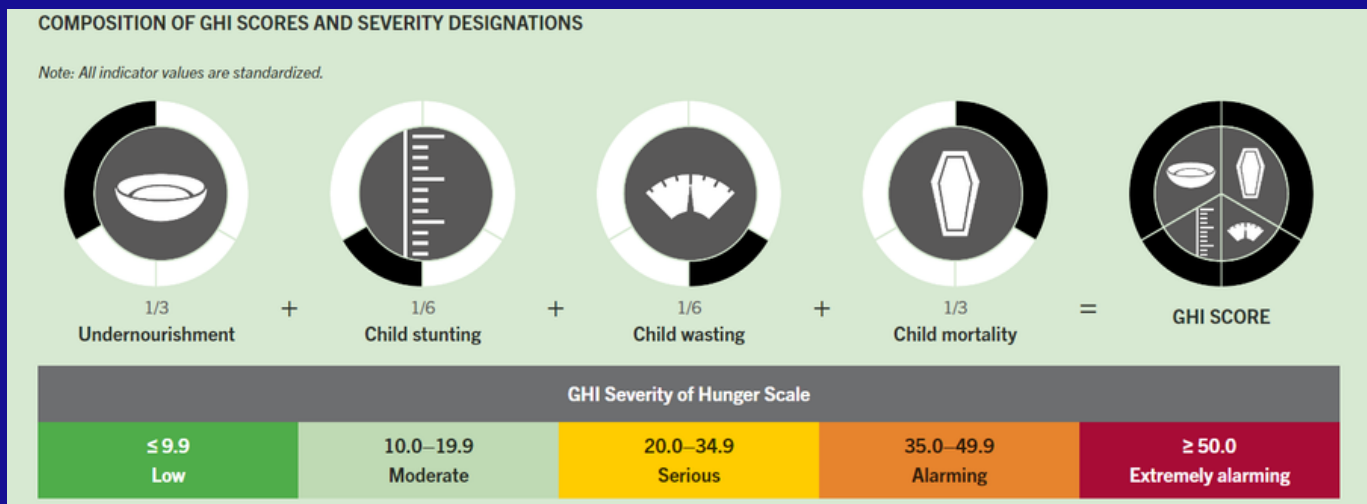
Having personally observed the ways in which hunger can drive individuals to desperate circumstances, I hold a strong belief that by addressing their most fundamental need for a nourishing meal, we can offer them the chance to chart a more promising future. At Mumbai Roti Bank, our vision is centered on a new India, one where hunger and malnutrition have been eradicated. Our dream is of a nation in which no Indian goes to sleep on an empty stomach. Our focus is now extended to providing nutritious snacks to schoolchildren, ensuring they attend school regularly, study diligently, and prosper in life. It's an earnest call for us to come together and collaborate in building a resilient, hunger-free country.

*D. Sivanandhan*

MANAGING TRUSTEE



# India's Ongoing Battle Against Hunger



In a world striving to combat hunger and malnutrition, India's ongoing battle is evident in the 2023 Global Hunger Index (GHI) report. India ranked 111 out of 125 countries, signifying a 'serious' level of hunger severity. This rank represents a notable decline from 107 in 2022.

India's GHI score, a critical indicator on a scale of 0 to 100, where 0 reflects the best score (no hunger) and 100 signifies the worst, is recorded at 28.7. This score encapsulates the extent of hunger-related issues persisting in the country.

One of the most concerning statistics is the prevalence of child stunting in India, which stands at a staggering 35.5%. This figure, based on data from India's National Family Health Survey (NFHS) 2019-2021, underscores the significant challenges that persist in ensuring proper nutrition and growth for the nation's children.

The 2023 State of Food Security and Nutrition in the World report reveals that 16.6% of India's population faces undernourishment.

This statistic highlights the ongoing struggle to provide adequate access to nourishing food for a substantial portion of the country's populace.

India's child wasting rate is a concerning 18.7%, the highest among all countries included in the report.

The under-five mortality rate, as reported by the United Nations Inter-Agency Group for Child Mortality Estimation in January 2023, stands at 3.1%. This statistic is a critical indicator of the overall health and well-being of young children in India and serves as a stark reminder of the need for comprehensive efforts to address malnutrition and its consequences.

India's performance in the 2023 Global Hunger Index serves as a call to action. The statistics reveal not only the extent of the challenge but also the urgency of addressing hunger and malnutrition comprehensively. The health and future of the nation's children depend on effective interventions, improved access to nutritious food, and a concerted effort to break the cycle of hunger.

# WORLD FOOD DAY 2023: A Day of Reflection and Action



World Food Day is an annual global celebration observed on October 16th, commemorating the establishment of the United Nations Food and Agriculture Organization in 1945. This day serves as a poignant reminder of the millions of people worldwide who grapple with the challenge of affording a healthy diet and the critical need for consistent access to nutritious food.

In the year 2023, World Food Day carries the theme, "Water is life, water is food. Leave no one behind," emphasizing the intrinsic link between water, sustenance, and inclusivity. Despite notable progress in various global endeavors, the United Nations Food and Agriculture Organization cautions that far too many individuals continue to be marginalized, particularly in terms of food security. Access to nourishing food is a fundamental human requirement, and achieving a sustainable world demands that nutritious food be made available to everyone, everywhere, on a regular basis.

India's standing in the Global Hunger Index (GHI) for 2023 has raised concerns as it dropped to the 111th position out of 125 countries, sliding from its 107th position in 2022. With a GHI score of 28.7, India's level of hunger is classified as "serious." The GHI also reveals distressing statistics, including child wasting, which affects 18.7% of children under 5 years, indicating undernourishment, making it the highest in the world. Child stunting, another critical measure of malnutrition, is prevalent at 35.5%. Additionally, undernourishment is widespread at 16.6%, and the under-five mortality rate stands at 3.1%.

In an effort to raise awareness about the pressing issues of hunger and malnutrition and in celebration of World Food Day, Mumbai Roti Bank took proactive steps to make a difference. Their initiative aimed to distribute snacks to 20,000 school children, and after reaching out to numerous schools, they finalized 15 institutions from various parts of Mumbai.

The success of this impactful event can be attributed to the dedicated teamwork of Mumbai Roti Bank. Their mission took them to schools such as Pratiksha Nagar BMC School No. 1 & 2, Sardar Nagar BMC School, Karmaveer Bhaurao Patil School (Sion), Shivam Vidyamandir Mankhurd, Agrasen Hindi Vidyalaya, Hume Highschool Mazgaon, Sir Elly Kaduri School Mazgaon, Ganesh Vidyamandir Chembur, Ahmed Sailor Primary School, Rameshwar Vidya Mandir, and Korba Mithagar Municipal School. In addition to these schools, snacks were also distributed at their daily distribution centers.

The children's enthusiasm was palpable as they eagerly left their classrooms after exams to savor the hot and delicious samosas and chocolates. The sheer joy and gratitude of the students were vividly captured in photographs, highlighting the positive impact of this initiative. Team Mumbai Roti Bank had a memorable day interacting with these children, underscoring the significance of collective efforts in the ongoing battle against hunger and malnutrition.

**2** ZERO HUNGER



**"Food is not a privilege; it's a fundamental right. Let's work together to make it accessible to all."**



**Pure Bliss:  
Schoolchildren  
savoring every  
moment and every  
bite**



## GENEROSITY IN ACTION

In the month of October, a group of compassionate individuals shone brightly through their benevolent actions. Mr. Sunil Dutt, along with the residents of Ashok Tower, came together for a noble cause, forming a heartwarming alliance of goodwill.

In a world shadowed by the challenges of hunger and food insecurity, these remarkable individuals and communities demonstrated the unwavering resilience of the human spirit. Their acts of compassion and generosity didn't just kindle hope but also underscored the strength of unity and community harmony.

The philanthropic spirit of our donors exuded warmth and care. Their significant contributions of dry rations and grains not only addressed the immediate needs of the less fortunate but also strengthened the bonds within their own neighborhoods.

## Making a Difference in the Fight Against Hunger

The resources they provided will empower Roti Bank Kitchen to prepare a multitude of fresh and nutritious meals, which will be distributed to numerous individuals in need of daily sustenance. Roti Bank wholeheartedly appreciates and encourages such gestures that contribute to the betterment of humanity.

As we move forward, let us draw inspiration from the indomitable spirit of these individuals and communities, advancing with unity, compassion, and hope. Together, we can shape a future where acts of kindness become the standard, ensuring that no one in our midst goes to bed hungry.



## From Classroom to Kitchen



Schools across Mumbai have embarked on a heartwarming mission of compassion and unity, igniting a campaign of ration and roti donation drives that is truly inspiring. The active involvement of the young minds, the future torchbearers of our society, in this noble endeavor is indeed heartening.

Students are displaying their generosity by bringing dry ration and rotis to school, contributing wholeheartedly to the cause of providing nutritious meals to the underprivileged, in collaboration with Roti Bank. This harmonious partnership between educational institutions and our organization not only addresses the pressing issue of hunger but also imparts invaluable lessons in empathy and social responsibility to these budding leaders.

As we gratefully receive these donations, it is a poignant reminder that the spirit of giving knows no age boundaries, and the collective efforts of all ages hold the potential to create profound and meaningful change. We extend our heartfelt appreciation to Smt. Sulochana Devi Singhania School, B. K. Birla School, JBCN International School, Shishuvan School and Sheth Karamshi Kanji English School for actively participating in this compassionate initiative.

## Sharing the Load, Spreading the Love:

The transformation of schools into hubs of empathy and altruism is a testament to the enduring values of our shared humanity. The partnership between Roti Bank and these educational institutions not only ensures that the donated ration is put to excellent use but also sparks a chain reaction of positive influence, motivating others to engage in similar acts of kindness.

As we prepare and serve nutritious meals to the underprivileged using the collected ration, we are reminded that these gestures extend far beyond mere sustenance. They symbolize hope, unity, and the promise of a brighter future for all.

# IN THE KITCHEN WITH TEAM VODAFONE: SHARING THE ART OF NOURISHMENT



TEAM VODAFONE AT ROTI BANK KITCHEN FACILITY





In October, our kitchen facility had the honor of hosting Team Vodafone, who visited to gain firsthand insights into our operations and understand the meticulous meal preparation processes we undertake. Originally organized as an employee engagement activity, this visit surpassed our expectations, turning into a heartwarming experience defined by selflessness and generosity.

As Team Vodafone stepped into our bustling kitchen, they exhibited a genuine interest in our procedures. They were particularly fascinated by our stringent hygiene standards, which play a crucial role in ensuring the safety and nutritional quality of the meals we provide to those in need. Our experienced kitchen staff patiently guided them through each step of the meal preparation process, from the selection of ingredients to the intricacies of cooking techniques.

Impressed by the level of organization and coordination required for large-scale meal production, Team Vodafone swiftly recognized the importance of teamwork and efficiency in ensuring that meals reach the most vulnerable individuals.

We had also arranged for a lunch prepared in our kitchen for Team Vodafone, allowing them to experience firsthand the fruits of their engagement.

We extend our heartfelt gratitude to Team Vodafone for organizing this visit and choosing our kitchen facility as their destination. This visit not only provided valuable insights into food preparation and distribution but also emphasized the transformative power of collaboration and empathy in the pursuit of a more compassionate and caring society.

# Join Our Mission

## Spread the Word

Roti In case you don't find an apt way to contribute from the above-mentioned ways then worry not, as you can still do your bit. If you believe in our cause as much as we do, please spread the word by sharing your personal story of food donation with the hashtag of **#HUNGER\_FREE\_INDIA**, **#ROTI\_BANK**, **#ROTI\_BANK\_MUMBAI**, **#ROTI\_BANK\_FDN** on your social media with as many many people as you can. To kickstart your contribution **SHARE OUR NEWSLETTER** with your family & friends!

We need all the help we can get. To donate funds, use the following details:

**Beneficiary Name:**  
Roti Foundation Mumbai

**Account No:**  
303402127218

**IFSC Code:**  
RATN0000088

**Bank Name:**  
RBL Bank, Lower Parel



# Join Our Mission

## Join the Food Revolution: Donate Dry Food to Roti Bank's Kitchen

If you are inspired to make a difference in the lives of the hungry, you can join hands with Roti Bank by donating food. By dialing +91 86555 80001, you can contribute dry food items such as ration, vegetables, and fruits. Your donation will help sustain the kitchen operations of Roti Bank, allowing them to continue serving meals to regular beneficiaries and making a positive impact in their lives. Together, we can work towards a hunger-free society.

## Food Tie-Ups: Joining Forces to Fight Hunger with Roti Bank

If your establishment shares a passion for eradicating hunger and wishes to contribute on a regular basis, consider forming a food tie-up with Roti Bank. By aligning with Roti Bank, you can make a significant difference in the lives of the hungry and underserved. To initiate this alliance, reach out to Roti Bank and express your interest in becoming a food tie-up partner. Together, we can strengthen the fight against hunger and work towards building a world where no one goes to bed hungry.

## Collaborations with Schools/colleges

We intend to develop a network of zestful youth who share our values and will help in spreading our reach. As a student, you can donate your time to our cause. You may even join our VOLUNTEERING TEAM. If you are an engineering student, use your technical know-how to grow our operations as projects in your curriculum. We would like to tap the potential of existing and established student chapters and find synergies to work upon to make a #Hunger\_Free\_India

## Donate to the Cause

To make our movement of hunger elimination grow manifold, monetary backing is a boon. Roti Bank Founder, Mr. D. Sivanandhan envisions serving as many meals as possible in the year 2022. We have served more than 9.1+ million meals so far, and to increase our reach further more, we need a bigger fleet of vehicles and more personnel to handle the logistics. Your support can go a long way in enabling us to free many more people from the suffocating grip of hunger.

**We couldn't have done it without  
your generous support.**

**THANK YOU!**

to all our donors  
and volunteers.

Scan to Donate:



**Get in touch**

to beat the hunger.



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