

Issue 64 · June 2024

## ROTI BANK SAMACHAR

The monthly newsletter of Roti Foundation Mumbai

Meals served so far 14,500,000+ meals





## **About Us**

### **WHO ARE WE?**

Founded in December 2017 by former Director General of Police, Maharashtra, Mr. D. Sivanandhan, Mumbai Roti Bank is a non-profit hunger relief organization initiated by the Roti Foundation Mumbai. With a noble mission to eliminate hunger and malnutrition, we have been making a profound impact on the lives of thousands in need.

## A Simple Approach to Alleviating Hunger:

We operate on a simple yet effective principle. With the help of generous donations, we cook fresh meals in Roti Bank Kitchen and deliver them to those who reside in slums or live on the footpath. The beneficiaries of this selfless service are primarily school children, as we understand that proper nutrition is vital for their growth and education. By providing freshly cooked mid-day meals, we ensures that these children can attend school regularly without the burden of hunger.

## Collective Efforts in Combating Hunger and Building a New India

One of our key strengths lies in the support from the community. We have established a dedicated helpline that allow concerned individuals to contribute to the cause by donating funds, rations, fruits, and vegetables. These contributions not only provide immediate relief to those in need but also create a sense of shared responsibility in the fight against hunger. Mumbai Roti Bank has effectively bridged the gap between those who have the resources and those who require them the most.

## **About Us**

## WHO ARE WE?

## **Reaching Out to Various Communities:**

The impact of Mumbai Roti Bank extends beyond school children living in poverty-stricken areas. We also serve freshly cooked meals outside hospitals, destitute homes, educational institutions, and cancer centers. By catering to the nutritional needs of patients, the destitute, and the underprivileged, we try to offer solace and support to those going through difficult times. Our meals have become a lifeline for many who would otherwise face hunger and malnutrition.

## A Mission for a Hunger-Free Society:

At the core of our existence is a powerful mission: no one should go hungry. Through our dedicated efforts, we are working tirelessly to eradicate hunger and malnutrition from the lives of countless individuals. By addressing the immediate need for food and nutrition, we are fostering hope and creating a foundation for a brighter future.

### THROUGH FOUNDER'S PEN

"Having witnessed firsthand how hunger can push individuals to desperate measures, I firmly believe that by addressing their fundamental need for a nourishing meal, we can provide them with an opportunity to forge a brighter path ahead. At Mumbai Roti Bank, we envision a new India—one where hunger and malnutrition are eliminated. We dream of a nation where no Indian goes to bed on an empty stomach. Let us join forces and work together to build a hunger-free, resilient country!"

-D. Sivanandhan (Former DGP, Maharashtra)

## Empowering Futures Through Nourishment and Education

At Mumbai Roti Bank, our unwavering dedication to combating hunger and enhancing the health and education of underprivileged schoolchildren propels us forward. As the new academic year commenced and children returned from their summer vacations, we proudly resumed our snack distribution program in schools. On the first day after the break, we provided Sheera to nourish the bodies and minds of 10,000 young scholars. In addition, we distributed stationery kits, including pencils, erasers, sharpeners, rulers, and notebooks, to 10,000 children.

Our primary focus is on addressing nutrition and health disparities because we firmly believe that well-nourished children are less likely to be drawn towards crime. With each meal, we strive to ensure that no child goes to bed hungry, working tirelessly towards building a healthier and more nutritious India. Every day, we bring nourishment and joy to 10,000 children across 20 different schools in Mumbai.

Our mission extends far beyond immediate hunger relief. We envision an India where every child has access to wholesome meals, contributing to the breaking of the cycle of poverty and crime. By addressing the nutritional needs of underprivileged children, we foster a brighter future for them. Each meal we serve represents a step closer to a society where every child has the opportunity to thrive.

We are dedicated to creating a healthier, more educated, and prosperous nation, starting with the well-being of our youngest citizens. Our efforts are not just about providing food; they are about nurturing the potential within every child. By focusing on nutrition, health, and education, we aim to empower the next generation, ensuring they have the tools and opportunities necessary to succeed.

Together, we can build a future where no child is left behind, and every child is given the chance to flourish.









## Alkem Laboratories Team Visits Mumbai Roti Bank: Embracing 'The Joy of Giving'

On Monday, June 10th, a team of 12 dedicated employees from Alkem Laboratories visited our distribution center outside Tata Hospital. This visit was not just an opportunity for learning but also a chance to make a significant difference in the lives of the underprivileged. The Alkem Laboratories team truly embraced the spirit of 'The Joy of Giving,' selflessly dedicating their time and energy to assist our team at Mumbai Roti Bank.

The team's arrival was met with enthusiasm and gratitude. As they reached our distribution centre, their eagerness to contribute was evident. They understood that their presence was more than a corporate responsibility—it was a personal commitment to positively impact the community.

We are immensely grateful to the Alkem Laboratories for their invaluable team contribution. Their visit not only bolstered our but also highlighted the power of collective action in addressing social issues. By embracing 'The Joy of Giving,' they have set a remarkable example of corporate social responsibility.

As we reflect on this meaningful day, we are reminded of the profound impact that acts of kindness and generosity can have on our community. We look forward to future collaborations with Alkem Laboratories and other like-minded organizations, continuing our shared mission of building healthier and а more equitable society.







World Food Safety Day is celebrated annually on June 7 across the globe to highlight the importance of maintaining food standards. At Mumbai Roti Bank, we believe that safe and nutritious food is a fundamental right for everyone. On this special occasion, we proudly reaffirmed our commitment to providing safe and hygienic meals to those in need.

This year, we celebrated by distributing snacks and sweets to 5,000 children, ensuring they enjoyed delicious treats prepared under stringent safety standards. Adhering to the highest standards of food safety, we follow rigorous protocols in our operations. Our dedicated team works tirelessly to ensure that the food we distribute is fresh, properly stored, and prepared in clean and sanitary environments.

Food safety is not just a priority for us; it is a core value that drives every aspect of our work. We understand that maintaining high food safety standards is crucial in preventing foodborne illnesses and ensuring the well-being of the communities we serve. Our commitment extends beyond simply providing meals; it encompasses ensuring that every meal is safe, nutritious, and prepared with care.

Celebrating
World Food
Safety Day
2024: Our
Commitment
to Safe and
Nutritious
Meals



In an inspiring effort to save the environment and combat hunger, Ms. Niyati Wadhawan, a grade 12 student at Dhirubhai Ambani International School, has showcased that the future is indeed female. Over the past four years, Ms. Niyati has dedicated herself to Roti Bank, demonstrating exceptional empathy and commitment to sustainability.

Her journey began in May 2021 when she raised Rs 10,000 through a thrift store within her apartment community to provide meals for the underprivileged. She then innovatively merged this cause with environmental concerns. repurposing 2,800 disposable food containers for distribution. significantly reducing plastic waste.

Ms. Niyati has since mobilized her housing society and school community, conducting grain collection drives and promoting altruism among her peers. In June 2024, she contributed another Rs. 20,000 from her thrift store's proceeds, providing 750 nutritious meals.

Inspired by her school motto, "Dare to Dream and Learn to Excel," Ms. Niyati's relentless efforts and passion make her a role model for change. Her favorite quote from Uncle Iroh in "Avatar: The Last Airbender" reflects her perseverance: "Sometimes life is like this tunnel. You can't always see the light at the end, but if you keep moving, you will come to a better place."

# An Agent of Change: Niyati Wadhawan's Resilient Efforts in Hunger Mitigation and Environmental Preservation



## Play and Learn: Lifebuoy's Board Games for Hand Hygiene

Lifebuoy

TIn celebration of the International Day of Play, we are excited to announce that Lifebuoy has generously donated their engaging board games, which are designed to teach children the importance of hand hygiene in a fun and interactive way! These innovative games will be a valuable addition to our outreach programs, turning handwashing into an unforgettable lesson for the children we serve. Recognizing the vital role of proper hand hygiene for good nutrition, we encourage everyone to wash their hands before eating. These games help reinforce this healthy habit in an enjoyable manner, fostering healthier futures for our communities. Thank you, Lifebuoy, for your incredible support and for making such a positive impact! Together, we're making handwashing with soap a joyful and memorable part of children's lives!



## Join Our Mission

## Spread the Word

Roti In case you don't find

an apt way to contribute from the above-mentioned ways then worry not, as you can still do your bit. If you believe in our cause as much as we do, please spread the word by sharing your personal story of food donation with the hashtag #HUNGER\_FREE\_INDIA, #ROTI\_BANK, **#ROTI BANK MUMBAI.** #ROTI\_BANK\_FDN on your social media with as many many people as you can. To kickstart your contribution SHARE OUR NEWSLETTER with family & friends!

We need all the help we can get. To donate funds, use the following details:

Beneficiary Name: Roti Foundation Mumbai

Account No: 303402127218

IFSC Code: RATN0000088

Bank Name: RBL Bank, Lower Parel



## Join Our Mission

## Join the Food Revolution: Donate Dry Food to Roti Bank's Kitchen

If you are inspired to make a difference in the lives of the hungry, you can join hands with Roti Bank by donating food. By dialing +91 86555 80001, you can contribute dry food items such as ration. vegetables, and fruits. Your donation will sustain the kitchen help operations of Roti Bank, allowing them to continue serving meals to regular beneficiaries and making a positive impact in their Together, we can work towards a hunger-free society.

## Food Tie-Ups: Joining Forces to Fight Hunger with Roti Bank

If your establishment shares a passion for eradicating hunger and wishes to contribute on a regular basis, consider forming a food tie-up with Roti Bank. By aligning with Roti Bank, you can make a significant difference in the lives of the hungry and underserved. To initiate this alliance, reach out to Roti Bank and express your interest in becoming a food tie-up partner. Together, we can strengthen the fight against hunger and work towards building a world where no one goes to bed hungry.

## Collaborations with Schools/colleges

We intend to develop a network of zestful youth who share our values and will help in spreading our reach. As a student, you can donate your time to our cause. You may even join our VOLUNTEERING TEAM. If you are an engineering student, use your technical know-how to grow our operations as projects in your curriculum. We would like to tap the potential of existing and established student chapters and find synergies work upon to make #Hunger\_Free\_India

## Donate to the Cause

To make our movement of hunger elimination grow manifold. monetary backing is a boon. Roti Bank Founder, Mr. D. Sivanandhan envisions serving as many meals as possible in the year 2022. We have served more than 9.1+ million meals so far, and to increase our reach further more, we need a bigger fleet of vehicles and more personnel to handle the logistics. Your support can go a long way in enabling us to free many more people from the suffocating grip of hunger.

## We couldn't have done it without your generous support.

Scan to donate:



Thank you to all our donors and supporters.





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