

# ROTI BANK SAMACHAR



The monthly newsletter of Roti Foundation Mumbai



## 11,11,357

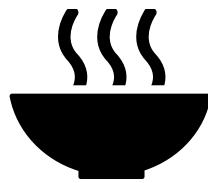
children in India suffered from Severe Acute Malnutrition in 2023 and of these, 56,143 children are under five years of age.

## 35.5%

of children under five are stunted in India

Sustainable Development Goals

## 2



Zero Hunger



## 19.3%

of children under five are wasted in India

In the 2023 Global Hunger Index, India ranks 111th out of the 125 countries. India is in the 'serious' hunger category in Global Hunger Index with a score of

## 28.7

## 68.7 million

tonnes of food is wasted annually in Indian homes, in simple words it is about 55 kgs per person.

A nutritious meal for a child costs

## ₹40/-



# National Nutrition Week 2024

## Nourishing India's Future with Mumbai Roti Bank

As we observe National Nutrition Week 2024, the focus is on the importance of proper nutrition in shaping healthier futures. With this year's theme, "Healthy Eating, Healthy Nation," the spotlight is on how balanced diets can transform lives, especially for underprivileged communities.

At Mumbai Roti Bank, we've always been dedicated to fighting hunger. Having distributed over 15 million meals and serving 12,000 meals daily across seven states, we're committed to ensuring that the food we provide is not just filling, but nourishing. Our meals are carefully prepared to include essential nutrients, offering a balanced diet that helps children grow physically and mentally strong.

Malnutrition hampers children's growth, weakens immunity, and affects their education. Our initiative focuses on serving wholesome meals, enabling children to stay active and engaged in school. This has a lasting impact on their health and future potential.

During National Nutrition Week, we invite you to join our mission. Every donation helps us provide more nutritious meals to those who need them the most. Your support plays a direct role in improving lives and fighting malnutrition. By working together, we can build a healthier, hunger-free India. This week is a reminder that proper nutrition is not just a necessity—it's the foundation of a brighter future.

Nourishing lives, one meal at a time.

# Delivering Nutritious Meals to Thousands

At the heart of Mumbai Roti Bank's mission to ensure "no one goes hungry" is our bustling kitchen, where our team prepares thousands of nutritious meals every day. As we mark National Nutrition Week, we're offering a peek into the process behind creating balanced meals that make a lasting impact on the communities we serve.



## Fresh Ingredients, Nutritious Meals

Each day at dawn, our kitchen is abuzz with activity as fresh vegetables, grains, and pulses are delivered. We prioritize locally sourced ingredients to ensure the meals are not only nutritious but also support local vendors. Freshness is key—vegetables are handpicked and carefully inspected, ensuring they meet the highest standards of quality. Our menu is thoughtfully crafted to offer a variety of nutrients. Every meal is designed to provide a balance of carbohydrates, proteins, and essential vitamins. Staples like rice, chapati, lentils, and seasonal vegetables make up the core, while nutrient-dense additions like spinach, pulses, and peanuts enhance the nutritional value. This variety ensures that each meal fuels the body and mind, particularly for schoolchildren, where good nutrition plays a vital role in cognitive development and learning.

## Hygiene First, Always

Maintaining strict hygiene standards is a non-negotiable at Roti Bank. From the moment the ingredients enter the kitchen to when the meals are packed and delivered, every step is closely monitored to ensure food safety. Our kitchen team follows a rigorous sanitation protocol. Staff are trained to maintain cleanliness at every stage—gloves, masks, and hairnets are mandatory, and frequent handwashing is enforced. Only freshly prepared food is distributed ensuring that the meals reach the beneficiaries in the best possible condition. Special attention is given to transportation, too—our vehicles are kept clean, and meals are transported swiftly to retain freshness.

None of this would be possible without the incredible support from donors and volunteers. Every meal that leaves our kitchen is the result of a community effort, a testament to what we can achieve when we come together to fight hunger and malnutrition. As we continue to grow and expand our reach, the kitchen remains the heart of our operation, working tirelessly to ensure that every meal we serve brings health and hope to those who need it the most.

This National Nutrition Week, we invite you to take a moment to think about the importance of a nutritious meal—and how it can change a life. Join us in our mission by supporting Roti Bank, because when we nourish a life, we nourish the future.

# Partnership with Aurum Ventures to Distribute 16,000 Meals

Aurum नीव, a long-time supporter of Mumbai Roti Bank, once again joined hands with us from September 17th to October 2nd, helping distribute over 16,000 meals to those in need. This collaboration was part of Aurum Neev Service Fortnight 3.0, which focuses on various initiatives aimed at uplifting underprivileged sections of society. One of the key efforts was distributing nutritious meals, underscoring their commitment to societal betterment.

Aurum Ventures, driven by the ethos of The Joy of Giving, showcased their dedication to corporate social responsibility (CSR) not just through financial contributions but by being actively involved. The Aurum team visited Mumbai Roti Bank's food distribution centers, directly engaging with beneficiaries and gaining firsthand insights into the impact of their efforts.

This partnership reflects Aurum's long-standing mission to support community welfare and strengthen the reach of Mumbai Roti Bank's hunger relief efforts. Their invaluable support helps ensure that no one goes hungry, amplifying the impact of every meal shared.



# Empowering Education: 1,050 Kits Donated by Nagpur Roti Bank

On Teachers' Day, Nagpur Roti Bank made a significant contribution to the education of young girls by donating 1,050 stationery kits to students of Dhiran Kanya Vidyalaya, Nagpur. This initiative, held on September 5th, honored teachers and highlighted the importance of supporting education.

The stationery kits, containing notebooks, pens, pencils, and other essentials, aim to empower girls by providing the resources they need to excel in their studies. Education is a critical tool for change, and many students face challenges due to a lack of basic supplies. Nagpur Roti Bank's donation is a step toward removing these barriers and encouraging continued education, especially for economically disadvantaged girls.

This event also paid tribute to the dedication of teachers who play a key role in shaping young minds. By supporting students, Nagpur Roti Bank indirectly strengthens the efforts of educators in creating a brighter future for their students.

Known for its hunger relief efforts, this donation marks Nagpur Roti Bank's commitment to holistic community development. By investing in education, they aim to build a future where no child is held back by poverty or lack of resources.





# Steadfast Allies for a Hunger-Free India

## Thank You Ashok Tower Residents!

The unwavering support from the residents of Ashok Tower has been a cornerstone of Roti Bank's efforts. Each month, they come together to donate generous quantities of dry ration, ensuring a steady supply of essential food items for those in need. In September, we received 524 kgs of dry ration. We are extremely grateful to Mrs. Jayshree Kapil and Mrs. Sudarshan for organizing this donation every month.



Roti Bank recently received generous donations of 46.5 kgs of grains from Mrs. Arti Bhati and 91 kgs of grains from Dr. Madhuri Chitnis. These contributions will be put to great use in Roti Bank's kitchen, where they will help prepare nutritious meals for underprivileged individuals. Such donations are vital in ensuring that we continue to provide balanced, healthy meals to those in need, fueling both bodies and futures with the power of good nutrition. We sincerely thank Mrs. Arti Bhati and Dr. Madhuri Chitnis for their generous donations, which will help nourish countless lives. We encourage others to join in and contribute—every donation makes a big difference in the fight against hunger.



Our Operations Manager, Mr. Jayadrath Tambe, recently had the privilege of meeting with Mr. Donnawit Poolsawat, Royal Thai Consulate-General, Mumbai to discuss Mumbai Roti Bank's ongoing efforts in hunger alleviation. We are deeply grateful for their generous donation of 360 kgs of dry rations, which will greatly support our mission to feed those in need.







**Mr. D. Sivanandhan, Managing Trustee of Mumbai Roti Bank, recently met with retired Lieutenant General Shailesh Tinaikar and Ms. Areti Sianni, Chief of Mission at UNHCR. During the meeting, they discussed Mumbai Roti Bank's impactful efforts and contributions towards alleviating hunger. Here are some highlights from the event.**



**UNHCR, the UN Refugee Agency, leads international action to protect people forced to flee conflict and persecution and those denied a nationality.**

Mumbai Roti Bank is deeply grateful to Shaivaang Goenka and Rudraang Goenka, twin brothers studying in Grade 5, for their generous donation of 235 kgs of dry ration. We also extend our heartfelt thanks to their mother, Ms. Nandana Kasotia, for her support in this noble gesture. This contribution will go a long way in helping us continue our mission to ensure that no one goes hungry.



# Join Our Mission

## Join the Food Revolution: Donate Dry Food to Roti Bank's Kitchen

If you are inspired to make a difference in the lives of the hungry, you can join hands with Roti Bank by donating food. By dialing +91 86555 80001, you can contribute dry food items such as ration, vegetables, and fruits. Your donation will help sustain the kitchen operations of Roti Bank, allowing them to continue serving meals to regular beneficiaries and making a positive impact in their lives. Together, we can work towards a hunger-free society.

## Food Tie-Ups: Joining Forces to Fight Hunger with Roti Bank

If your establishment shares a passion for eradicating hunger and wishes to contribute on a regular basis, consider forming a food tie-up with Roti Bank. By aligning with Roti Bank, you can make a significant difference in the lives of the hungry and underserved. To initiate this alliance, reach out to Roti Bank and express your interest in becoming a food tie-up partner. Together, we can strengthen the fight against hunger and work towards building a world where no one goes to bed hungry.

## Collaborations with Schools/colleges

We intend to develop a network of zestful youth who share our values and will help in spreading our reach. As a student, you can donate your time to our cause. You may even join our VOLUNTEERING TEAM. If you are an engineering student, use your technical know-how to grow our operations as projects in your curriculum. We would like to tap the potential of existing and established student chapters and find synergies to work upon to make a #Hunger\_Free\_India

## Donate to the Cause

To make our movement of hunger elimination grow manifold, monetary backing is a boon. Roti Bank Founder, Mr. D. Sivanandhan envisions serving as many meals as possible in the year 2022. We have served more than 9.1+ million meals so far, and to increase our reach further more, we need a bigger fleet of vehicles and more personnel to handle the logistics. Your support can go a long way in enabling us to free many more people from the suffocating grip of hunger.

# Join Our Mission

**Thank you  
to all our donors  
and volunteers.**

Bank Name: RBL Bank, Lower Parel

Beneficiary: Roti Foundation Mumbai

Account Number: 303402127218

IFSC Code: RATN0000088



+91 86555 80001



teamrotibank@gmail.com



www.rotibankfoundation.com



1701, One World Centre,  
Tower 2B, Floor 17,  
Elphinstone Road, Mumbai  
(400013)

