

ROTI BANK SAMACHAR

The monthly newsletter of Roti Foundation Mumbai



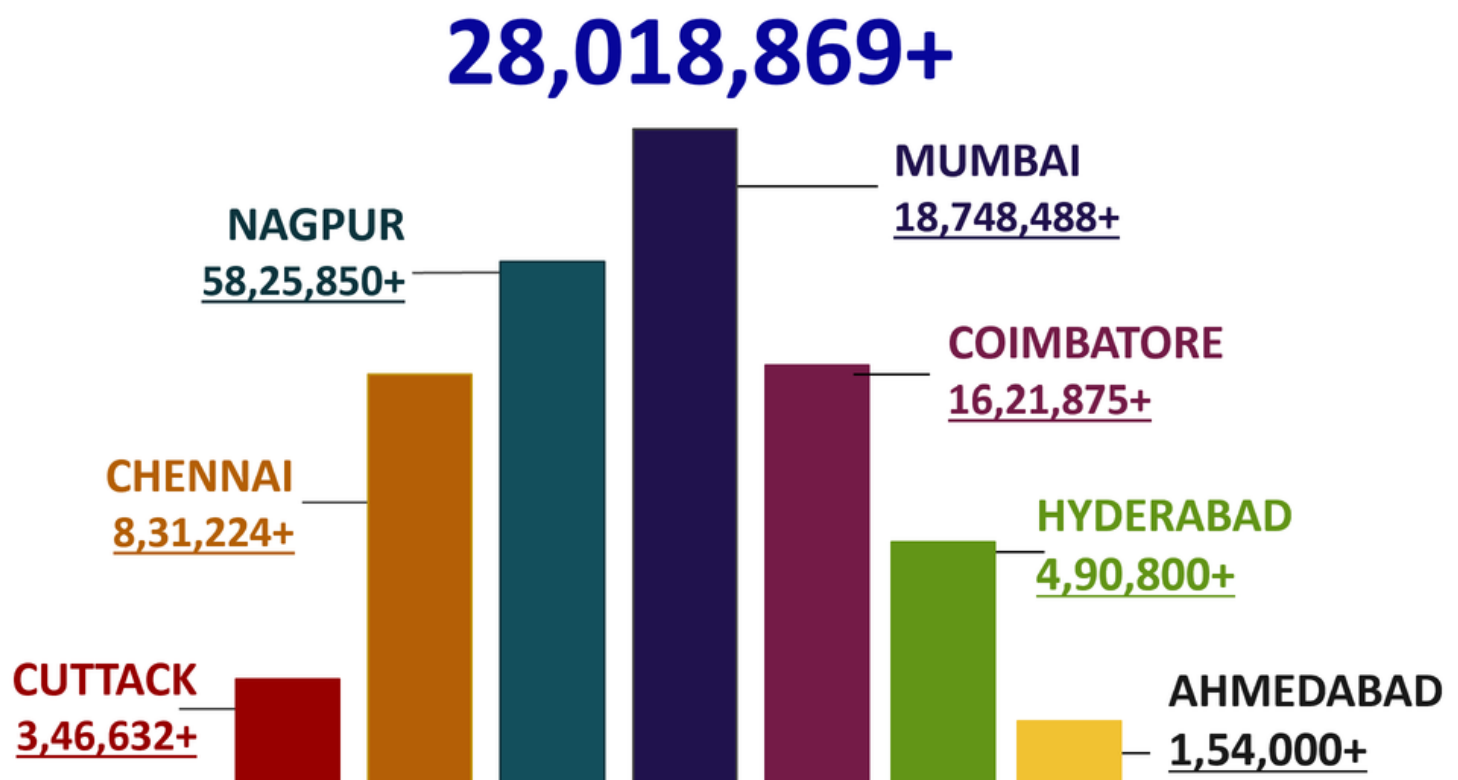
Missing the Laughter

The summer holidays are here, and while our kitchens continue to serve nutritious meals every day, something feels different. We miss the laughter, energy, and smiling faces of the thousands of school children we meet during our school distributions.

As classrooms prepare to reopen, our team is eagerly looking forward to welcoming children back with nutritious meals and a special Back-to-School gift. We can't wait to see their bright smiles again and help them begin the new academic year nourished, healthy, and ready to learn.

28,018,869+

MEALS SERVED OVERALL



**WHAT ₹40 CAN DO:
ONE NUTRITIOUS MEAL,
ONE BRIGHTER FUTURE.**

Spreading Smiles with Every Serving of Aamras

Our long-time supporters, Raksha Gala, Jagruti Jasani, Jalpa Shah, and Hetal Gada from Mulund West, generously donated 450 litres of aamras this summer. This sweet treat brought smiles to over 4,000 beneficiaries. Here are some glimpses from the aamras distribution.



Royal Thai Consulate-General Supports Roti Bank on a Special Occasion

On 29th May 2026, Mumbai Roti Bank was honoured to be invited by the Royal Thai Consulate-General, Mumbai, for a special dry ration donation ceremony held on the occasion of Birth anniversary of Her Majesty Queen Suthida Bajrasudhabimalalakshana. Our Managing Trustee, Mr. D. Sivanandhan, and Operations Manager, Mr. Jayandrath Tambe, represented the organization at this meaningful event.

We are deeply grateful for the generous donation of 230 kgs of dry ration and their continued support extended to Mumbai Roti Bank and our mission to eliminate hunger. Collaborations such as these reaffirm that compassion knows no borders and strengthen our resolve to ensure that no one goes to bed hungry.





A Heartwarming Visit: Welcoming PCGT Interns for a Meaningful Experience

The Public Concern for Governance Trust (PCGT), a Mumbai-based organization founded in April 2002 by visionary leaders Mr. B.G. Deshmukh, Mr. J.F. Ribeiro, and Dr. R.K. Anand, continues to inspire young minds toward civic engagement and social responsibility.

On 12th May 2026, Mumbai Roti Bank had the pleasure of hosting of **15** PCGT interns along with their coordinator at our kitchen facility. What started as an educational visit to understand our meal preparation and distribution process soon turned into a heartfelt experience of compassion, teamwork, and service.

At the distribution center, the interns actively participated in packaging and distributing meals, witnessing firsthand the impact of feeding the underprivileged. Their enthusiasm and empathy truly embodied the spirit of "The Joy of Giving." We are incredibly grateful to **Ms. Rashna** and the PCGT team for facilitating this visit, which not only deepened the interns' understanding of food security and community service but also strengthened the power of collaboration in building a hunger-free society.





Seeing the kitchen, the heat, the scale, and the early hours, makes you realize it's a massive operation, not just a casual donation drive. Joined the Roti Bank crew at KEM today for their food distribution drive. Seeing the sheer number of people they support daily is eye-opening, but visiting their kitchen where everything is prepared was the real reality check.

Getting this done on a daily basis is incredibly tough, and it's clear that this isn't just a charity, it's a vital service. The dedication the staff has for this city is unmatched. Massive respect to the team for the work they're doing on the front lines.

Atharv
(Intern at PCGT for May 2026)

It was a very thought provoking experience at Roti Bank. Watching how Tambe Sir (Operations Manager) was so dedicated whether it was explaining the work of Roti Bank or patiently answering all our queries was truly inspiring. Not only was he committed to his work, but he was also very kind and welcoming towards all of us. Speaking about the NGO, it was very clean and hygienic. Sir who cooked the food was also very kind. The food was of good quality and looked delicious. They ensured that everyone received food according to their needs, rather than distributing it randomly they gave people exactly what they asked for. Overall, it was a very humbling experience. It made me feel grateful and, at the same time, motivated me to contribute towards the welfare of others.

Mariyam
(Intern at PCGT for May 2026)

Thanks a Ton For The Tonnes!



We extend our heartfelt gratitude to all our generous donors for their unwavering support towards Roti Bank's mission of eradicating hunger.

In May 2026,

- **Ms. Mithi Jhunjhunwala** generously donated 30 kg of ration.
- **Residents of Ashok Tower** contributed 629.75 kg of ration.
- **Students of Hill Spring International School** added 53.23 kgs of poha to our stocks.
- **The Cathedral and John Connon School** donated 251.30 kgs of dry ration.
- **Royal Thai Consulate-General, Mumbai** donated 230 kgs of ration.
- **Marsh McLennan India Private Limited** donated 201 kgs of ration.

Such acts of kindness play a vital role in strengthening our efforts and continuing our mission to fight hunger.

THE THREE STONE SOUP

A TALE OF COMMUNITY, GENEROSITY & HOPE

My grandfather once told me a story – of a war-ravaged village, hollow with hunger, that found its salvation not in charity, but in the quiet wisdom of two weary soldiers and a borrowed pot.



- 1 In a village devastated by war, there was nothing left to eat. The people were hungry and hopeless.



- 2 One day, two weary soldiers arrived in the village and asked for some food.



- 3 The soldiers smiled and said, "That's all right. May we borrow a large pot?"



- 4 They filled the pot with water, placed it on three stones, and dropped in... three stones!



- 5 Curious, the villagers gathered around. One by one, they began to contribute. A pinch of salt... some vegetables... a few spices... a loaf of bread...



- 6 Soon, the pot was filled with goodness. What began with three stones became a delicious soup for all.



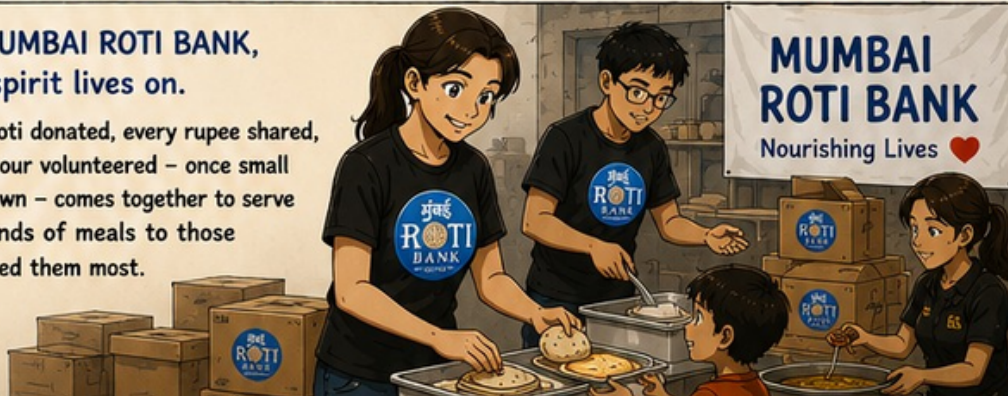
THE LESSON

No one had much, but everyone had something. When we come together and share, even the smallest contributions can create something big enough to nourish all.



AT MUMBAI ROTI BANK, this spirit lives on.

Every roti donated, every rupee shared, every hour volunteered – once small on its own – comes together to serve thousands of meals to those who need them most.



This comic is created by Pradyumna Chakraborty, a student of S P Jain School of Global Management and intern at Mumbai Roti Bank (May–June 2026), inspired by the classic tale of The Three Stone Soup.

Hunger: A Struggle for Survival

-by Supreet Sil (Intern at Mumbai Roti Bank, May-June 2026)

There is a famous line in an autobiographical novel called 'Shadow of a Banyan Tree' by Vaddey Ratner, which reads, "Out of all the ways to die, the worst is hunger." This can be related with the current situation of poverty in our country. The majority of times we don't understand how privileged we are, how we get to eat everyday when in the real world there are people who struggle to access and afford regular meals everyday. Hunger is described as a complex humanitarian crisis driven by poverty, inequality and conflict, and has been going on for decades with no solution around. There are many consequences linked to hunger such as malnutrition caused by insufficient consumption of calories and nutrients for adults alongside stunting the development of the physical and cognitive aspects of children. Research from over 10 years has described how victims of violence, neglect, or abuse as a child or violence as an adult, are more likely to report hunger.

In the Global Hunger Index (GHI) of 2025, India has ranked 102nd out of 123 countries with a score of 25.8. This results in a conclusion that India has reached a level of hunger which is deemed serious. The GHI also emphasises how 12% of the population is undernourished, followed by 32.9% of children experiencing stunted growth under the age of 5, alongside 18.7% of children under the age of 5 being wasted and finally 2.8% of children experiencing death before the age of 5. This reaches the conclusion that despite economic growth and the substantial social welfare and food distribution schemes which should be beneficial for the under-privileged, malnutrition and poverty still continue to bring down the GHI score of India. For many decades, India's GDP has grown and the economy has improved. However, this hasn't successfully translated into improved nutritional well-being for those stuck in poverty who are under-privileged. This is due to the insufficient access and affordability of nutritious and healthy food, linked to the areas where they live. This crisis has less to do with an absolute lack of food, but more to do with problems such as food-mismanagement, severe poverty and unequal access, overall, affecting the underprivileged and leading to a heavier burden.

I had gone to a food distribution drive organised by 'Roti Bank' to provide food for the underprivileged, and I learnt so much from this experience. It taught me how I should be grateful for the food I receive at home on a daily basis, since seeing them take as much as they could made me realise how much they don't get to eat everyday and also how they are extremely grateful for the food they receive from time to time. There are times where we waste food all because we don't like it, and we don't think twice before throwing it away in the trash never to be seen again, but we never see the outside world, how people who come from such bad living conditions struggle to access proper healthy and nutritious food.

Hunger: A Struggle for Survival

-by Supreet Sil (Intern at Mumbai Roti Bank, May-June 2026)

They eat anything they are given, all because there is no other source accessible to them due to the unequal distribution of food. Seeing desperation in their faces on getting a basic meal made me pity them, because I couldn't ever comprehend the struggle these people go through on a daily basis just to acquire a simple meal, something which we eat at home almost everyday. Sadly for them, they have to do this every time they want to eat, because it's their only source which fuels them with the energy they require to continue working their jobs and survive.

I personally feel that there are a few solutions to fix this massive ongoing problem and solve hunger in general, such as-

- Reducing food waste in restaurants and hotels. Instead, they can encourage them to donate the remaining food not served that day to people who are poverty stricken and underprivileged.
- Strengthening government schemes in order to reach out to everyone who is in dire need for clean and nutritious food in every part of the country.
- Supporting farmers also plays a strong role in solving the hunger crisis in India. By doing so, production of food increases, which can possibly lead to better distribution of food amongst all regions in India, allowing the underprivileged to access food of a better quality.
- Community support is also an important factor which involves supporting local food distribution drives and NGOs by donating food and spreading awareness to educate different communities about the importance of a balanced diet, consumption of proper hygienic food and how an equal distribution of food in all regions of the country is an essential step to prevent hunger.

Therefore, I feel like this problem can be fixed if we work hard enough and provide properly for those in need and essentially put an end to this crisis. This in turn, would benefit them and provide sufficient fuel required for them to work and contribute to the economy, thus making it a win-win situation.

Join Our Mission

Food Tie-Ups: Joining Forces to Fight Hunger with Roti Bank

If you're committed to making a difference, collaborate with Roti Bank by contributing surplus or fresh ration. A simple call to +91 86555 80001 allows you to donate essential items like ration, vegetables, and fruits. Your support helps sustain our kitchen operations, ensuring consistent meals for those in need. Together, we can move closer to a hunger-free society.

Volunteer & Engage: Be the Change

We are building a strong network of passionate individuals, especially students, to expand our impact. You can contribute your time by joining our volunteering team or applying your skills to support operations and outreach. Student groups and institutions can collaborate with us to create meaningful, real-world impact. Let's work together toward a #HungerFreeIndia.

Become a Food Partner: Strengthen the Fight Against Hunger

Organizations that share our vision of eradicating hunger can partner with Roti Bank through regular food tie-ups. By joining hands with us, you directly contribute to feeding underserved communities. Reach out to express your interest and become a part of a growing network committed to ensuring no one sleeps hungry.

Support the Cause: Every Contribution Counts

To scale our efforts and reach more people, financial support is essential. Under the vision of our Founder, Mr. D. Sivanandhan, Roti Bank continues to expand its mission of serving millions of meals. With growing demand, we require additional resources, including vehicles and manpower, to strengthen our logistics. Your contribution can help us extend our reach and bring relief to countless lives.

Join Our Mission

Spread the Word

Can't donate right now? You can still help.

▼ **Share your food donation story**

👤 **Tag us and spread awareness**

➡ **Forward this newsletter to friends & family**

Awareness creates action. Action creates impact.

Follow us:

Instagram: @rotibankfdn

Facebook: @rotibankfoundation

Twitter: @rotibankindia

Together, let's work towards a hunger-free India!

We need all the help we can get. To donate funds, use the following details:

Beneficiary Name:
Roti Foundation Mumbai

Account No:
303402127218

IFSC Code:
RATN00000088

Bank Name:
RBL Bank, Lower Parel



We Couldn't Have Done It Without Your Support!

THANK YOU!

to all our donors and
volunteers.

Scan to Donate:



GET IN TOUCH!



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